

3 critical challenges that leaders need to respond to, right now:

Resilience:

Identifying and practising techniques to build leaders', and their team's, resilience in the current climate

Leadership:

Learning and sharing skills to lead teams remotely, building connections, momentum and engagement

Motivation:

Understanding and practising tools to motivate teams, enabling them to adapt and thrive virtually

The next few months will test and stretch our leadership skills as well as the strengths and adaptability of our teams, as never before.

To equip leaders, across organisations, with the skills they need now, we have designed a 90-minute interactive virtual classroom: Leadership Essentials for Thriving Through Crisis.

This session will give leaders a broad base of insights, tools and techniques that they can draw on to optimise their own and their teams' mental and behavioural responses, now and in the coming weeks.

Take-outs

Understanding

Build insights on your and other's emotive, physical and logical responses to change and challenge. Understand the assumptions and beliefs that drive our reactions, thoughts and behaviours

Reflection

Time and a safe space to reflect and learn, with expert support on today's unique challenges. Plan how to adapt and move beyond survival

Interaction

Facilitates peer-to-peer connections, combined with immediate expert advice

Resources

Insights, resources and techniques that support leaders and teams to get through and to thrive in challenging times.

Format

- **90-minute group session**
- **Delivered by a Wondrous expert facilitator**
- **Fully interactive virtual groups of up to 8 people**
- **Accompanied by resources and further reading**